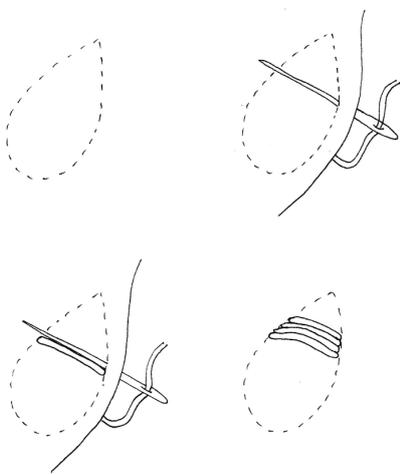


STITCH GLOSSARY

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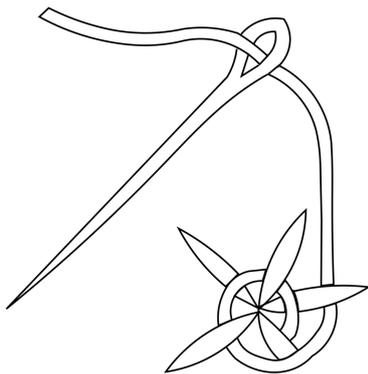
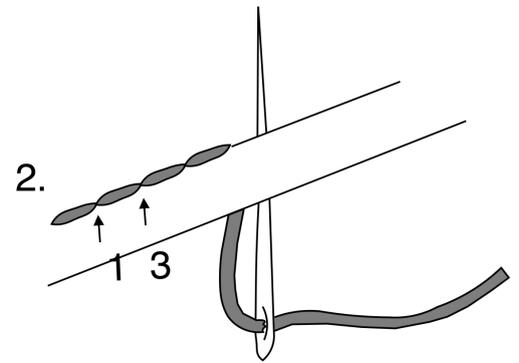


Satin stitch

A lovely stitch for filling in shapes and the sheen of thread it makes is irresistible. First, push the needle up at the edge of your shape. Make the first stitch by going back down, then come up next to where you started the first stitch. Repeat!

Back stitch

The stitch I use all the time for outlines of shapes. Go up through your fabric and then back down through the fabric to the left of where you first came up. Then go up through the fabric again, but this time to the right of that first stitch. Then, go back down through the exact spot of the first stitch and keep going on in this way, going back on yourself.

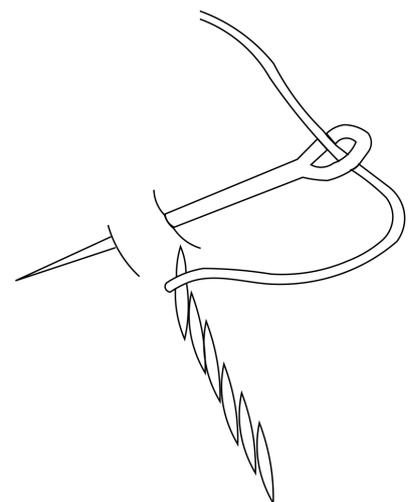


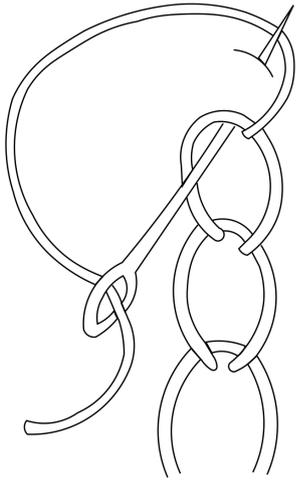
Woven wheel stitch

First make five simple stitches of equal length, like spokes in a wheel. Then weave your needle under and over the spokes, without picking up any of the base fabric, until they are full.

Stem stitch

This is a great stitch for outlines. Make a first small stitch then bring the needle back up through the fabric on the right or left side close to the first stitch, about 3/4 the way along it. Repeat.



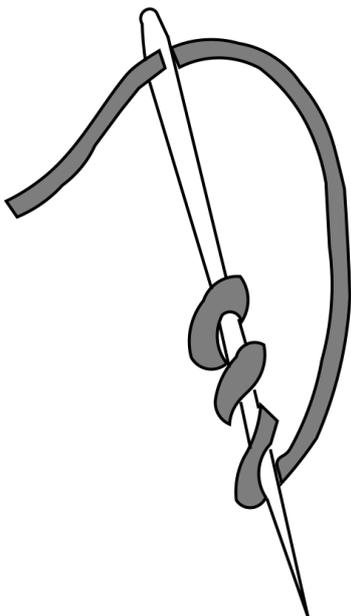
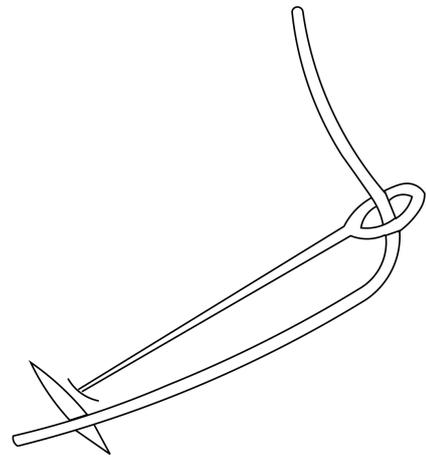


Chain stitch

Push your needle up through the fabric and back down as if you are going to make a small stitch, but don't pull the thread tight yet. You should have a little loop sitting on top of the fabric. Now push your needle back up through the fabric so that it comes through at the top of the first loop. As you start to pull your thread tight the first loop will tighten and your thread forms the start of the next loop. Repeat.

Cross stitch

Push needle up through fabric and down to make one full stitch. Push needle back up as if it is at the corner of an imaginary square where the points of the first stitch form the top left and bottom right corners. Push down at top right corner to make a neat cross.

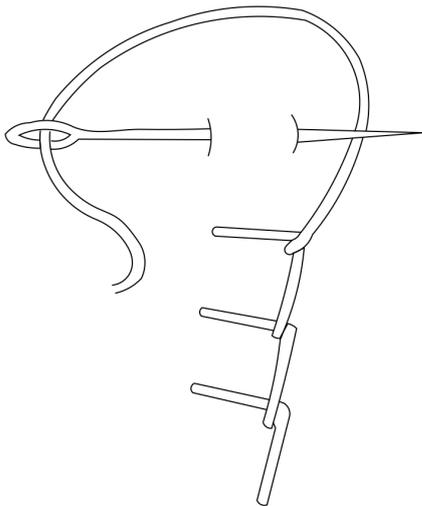
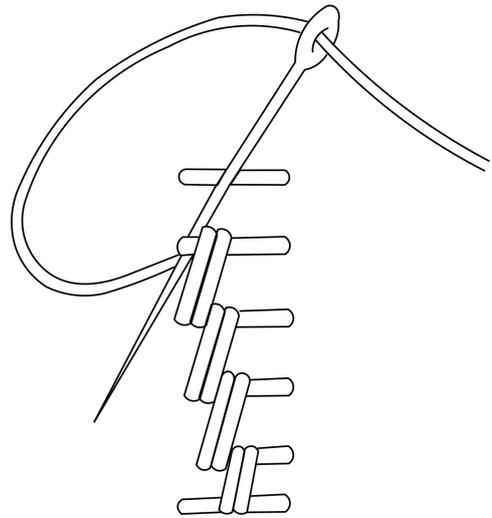


French Knots

Go up through your fabric. Wrap your thread around the needle 3 times before passing needle back through and pulling tight to make a smart, cute little knot.

Portuguese Border Stitch

Perfect for strong lines with a lovely texture, start this stitch by making a ladder of small stitches in a line, all about 1cm or 0.25" in length. Push needle up through the fabric at one end of the ladder, close to the first stitch in the middle. Bring it up and without picking up any of the base fabric, wrap it two times around the next stitch in the ladder. On the second time make the wrap go under the next stitch in the ladder, just to the left of the original stitches you made. Repeat!



Blanket Stitch

This is a stitch really meant for working edges, but it's also a decorative line stitch. Bring your needle up through the fabric. Imagine that point where you've come up is the bottom left of a little square. Push your needle back down at what would be the position of the top right of your imaginary square, but don't pull the thread tight. You have a loop now on top of the fabric and you pass the needle through it before pulling thread tight. Repeat!

Long Tailed Chain Stitch

This one is a decorative stitch to work on it's own. Work in exactly the same way that you would chain stitch above but tack the loop down with a long stitch or 'tail'.

